

FINDING HOPE & RESILIENCE

盼望和堅忍之源

UNVEILING THE STIGMA OF ASIAN AMERICAN MENTAL HEALTH
揭開亞裔心理健康的面紗

Hosted by Atlanta Chinese Christian Church Northwest (ACCCNW)
1837 Bill Murdock Road, Marietta, GA 30068

August 25-27, 2023
2023年8月25-8月27

GUEST SPEAKERS



Rev Hugo Cheng
程德鵬牧師



Victoria Cheng



DJ Chuang*

ENGLISH LANGUAGE ONLY SESSIONS:

SATURDAY

(Sanctuary, recommended mature youth to adults):

3:00-5:00PM *Healing is Not Linear - A Personal Case Study on Mental Illness*

5:15PM-5:45PM *Being a Spiritual Community that Cares for the Whole Person* (DJ Chuang**)

5:45 Dinner in cafeteria -- please RSVP to Lisa (404)936-0385

SUNDAY

9:30AM (trailer) Combined Youth and Adult Sunday School Workshop:

Exploring Mental Health through Art - Learning to Process and Lament

11:00AM Sunday Morning Sermon Guest Speaker: Rev Hugo Cheng

專題講座以中文為主 CHINESE LANGUAGE SESSIONS

8/25 周五晚上 8:00 点 (大堂) 心理健康的重要--一個父女的對話--上

8/27 主日上午 9:30 点 中文堂主日崇拜

8/27 周日下午 1:00 点 (餐厅) 心理健康的重要-- 一個父女的對話--下

Zoom ID 会议号码 4571891105 Zoom PW 会议密码: acccnw

Contact: 联系人 Lisa, ACCCNW English Ministry Deacon 英文执事 (404)936-0385

*Special session with DJ Chuang, co-founder of Christian Asian Mental Health

講員介紹

About Our Speakers

程德鵬牧師美國出生，台灣長大。在 1989 年讀大學時信主，也在同年的華人差傳大會蒙召。在美術設計的領域工作七年後去讀神學，獲得以宣教為焦點的道學碩士。在神學院時，神使用程牧師和他所組成的團隊為當時在周圍由台灣塑料廠來美設廠的群體中傳福音，帶人信主，創辦了一間華人教會。之後，神呼召他成為匹茲堡華人教會歐克蘭堂的植堂牧師，在由中國來的留學生和學者中傳福音及培訓門徒。匹茲堡華人教會的領袖和程牧師也在大學區成立了一個多種族性的國際會堂，如今有十八個國家的學生參與教會來一同服事。除了牧會之外，程牧師在亞洲和歐洲帶領牧者和領袖培訓。他目前參與使者協會的董事會，幫助他們籌備華人差傳大會，和協助華人教會推動宣教使命。2016 年，神呼召程牧師成為馬利蘭中華聖經教會 (CBCM) 的主任牧師，帶領牧長同工們靠著主，一同更有效的去實踐大使命。程牧師和他的妻子李家珏有六個孩子(兩女四男)和一條狗，他們喜歡一起散步，看電影，玩棋盤遊戲，和享用各種波霸奶茶。

Pastor Hugo Cheng was born in the US, and grew up in Taiwan. In 1989 he came to faith in Jesus Christ, and in the same year during the Chinese Missions Convention, he began to sense God's call for him to enter into full-time ministry. After working for 7 years as a Graphic Designer, he went to seminary and received a M.Div. degree with Missions Focus. During seminary studies, God used him to lead a team in planting a church among the factory works in a local Taiwanese plastic factory. Later, he became the church planting pastor of Pittsburgh Chinese Church and help planted a campus church making disciples among the overseas Chinese students and scholars. They also started an international congregation with people from 18 nations represented. Pastor Hugo travels to Asia and Europe to conduct leadership and pastor training. He is currently on the board of Ambassadors For Christ Inc., focusing on helping to plan the Chinese Missions Conventions (CMC), and supporting local churches to mobilize for world missions. In 2016, God called Pastor Hugo to become the senior pastor of The Chinese Bible Church of Maryland (CBCM), leading CBCM to fulfill the Great Commission locally and globally. Pastor Hugo and his wife Heather have six kids (two girls and 4 boys) and a dog. They enjoy taking walks, playing board games, watching movies, and drinking various boba teas.

Victoria Cheng has five siblings (one sister and four brothers) and one adopted dog (Australian Cattle Herder x Jack Russell). She knows all too well what it is like to wrestle with anxiety, chronic depression, and mood disorders. She supports holistic mental health wellness through professional therapy and medical help, as well as using art as an emotional outlet. She believes in communal lament, prayer, and advocacy. She also believes in the practice of listening well to those affected by mental health struggles, physical exercise, the positive effects of sunlight exposure (wearing SPF, of course), and more. She likes memes, curated Spotify music playlists, spoken word, graphic design, photography, and aesthetics.

DJ Chuang works as a digital strategy consultant and co-founded Christian Asian Mental Health to advance compassion and care in Asian American churches for everyone. He co-hosts the Erasing Shame podcast and authored the book, "MultiAsian.Church: A Future for Asian Americans in a Multiethnic World." He graduated from Virginia Tech; he blogs at djchuang.com and lives in Orange County, California.